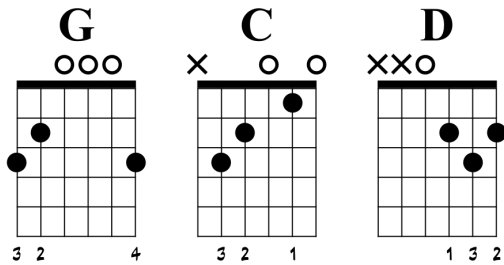


Strumming Exercises

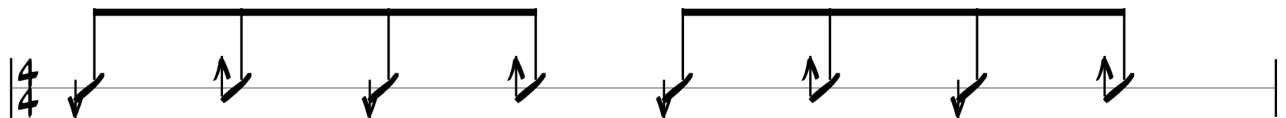
Exercise #1

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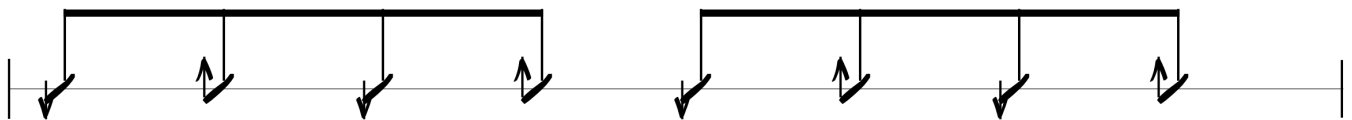
1 & 2 & 3 & 4 &
(skip) (skip)

G



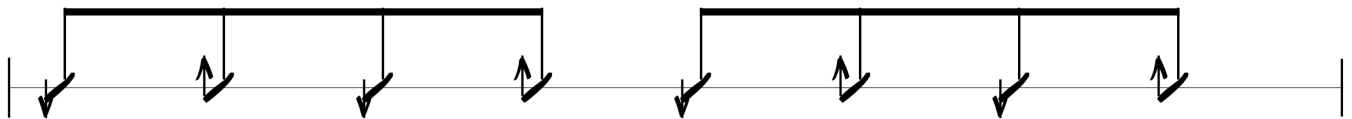
1 & 2 & 3 & 4 &
(skip) (skip)

C



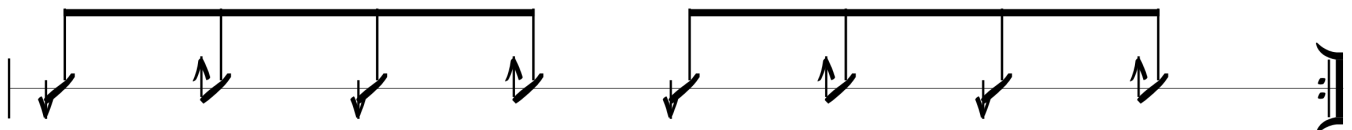
1 & 2 & 3 & 4 &
(skip) (skip)

D



1 & 2 & 3 & 4 &
(skip) (skip)

G

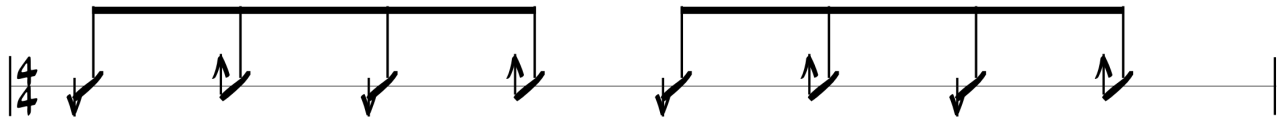


Exercise #2

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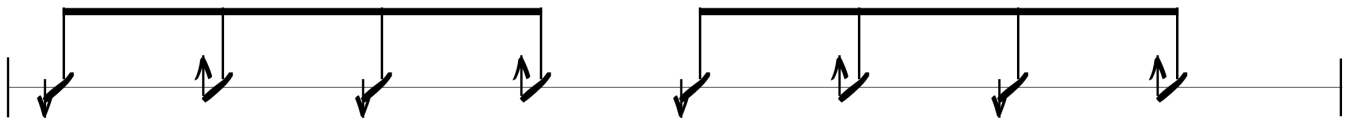
1 & 2 & 3 & 4 & (Lift)

G



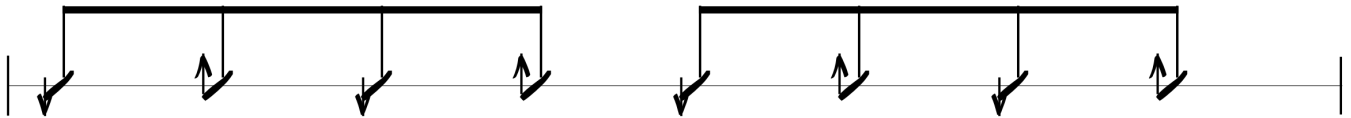
1 & 2 & 3 & 4 & (Lift)

C



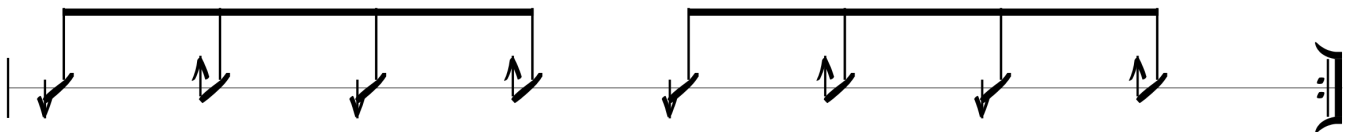
1 & 2 & 3 & 4 & (Lift)

D



1 & 2 & 3 & 4 & (Lift)

G



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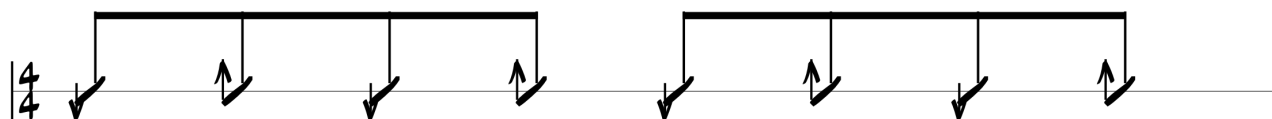
Exercise #3

RealGuitarSuccess.com

Variation #1

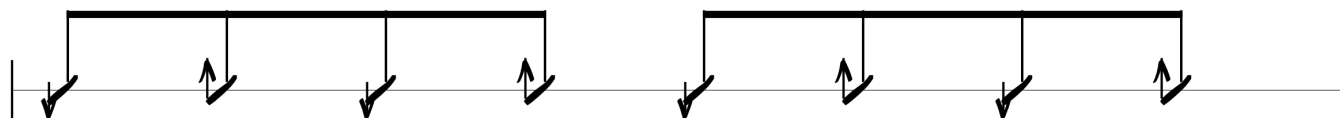
Low High Low High Low High Low High
1 & 2 & 3 & 4 &

G



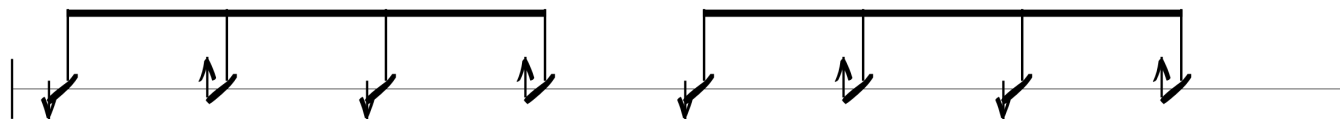
Low High Low High Low High Low High
1 & 2 & 3 & 4 &

C



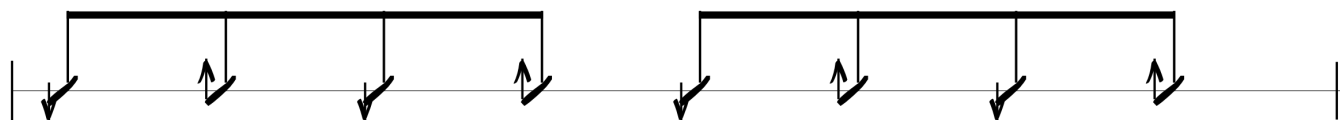
Low High Low High Low High Low High
1 & 2 & 3 & 4 &

D



Low High Low High Low High Low High
1 & 2 & 3 & 4 &

G

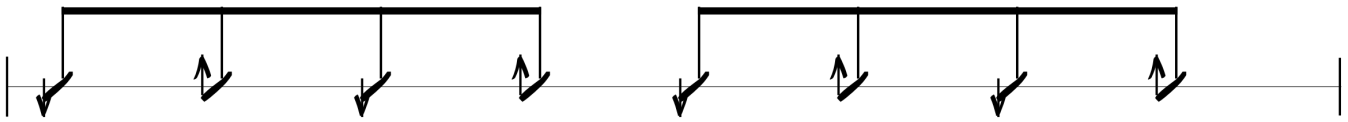


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Variation #2

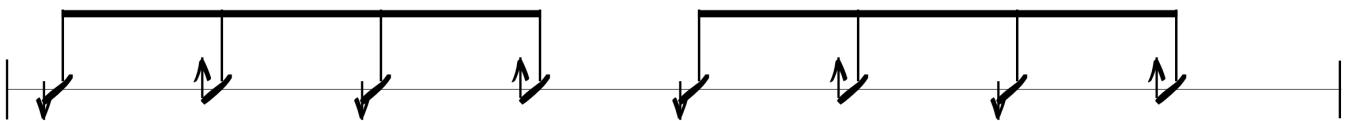
Low 1 Low & High 2 High & Low 3 Low & High 4 High &

G



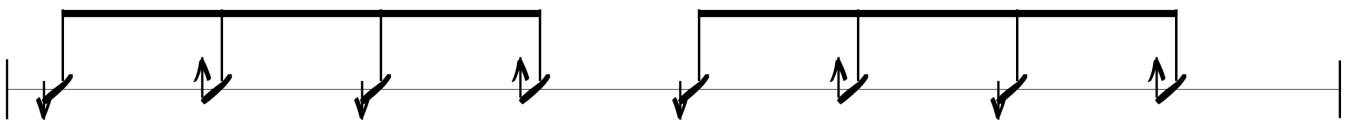
Low 1 Low & High 2 High & Low 3 Low & High 4 High &

C



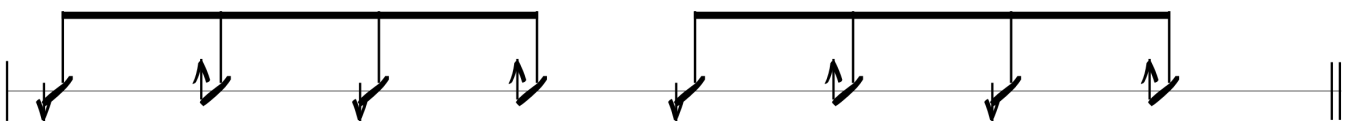
Low 1 Low & High 2 High & Low 3 Low & High 4 High &

D



Low 1 Low & High 2 High & Low 3 Low & High 4 High &

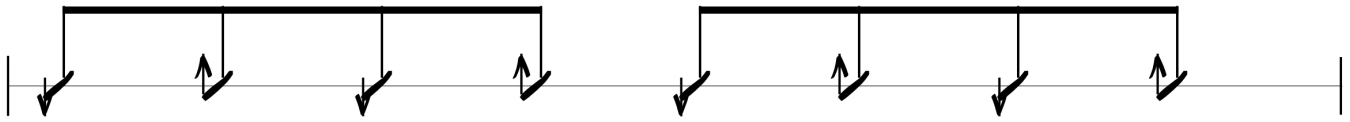
G



Variation #3

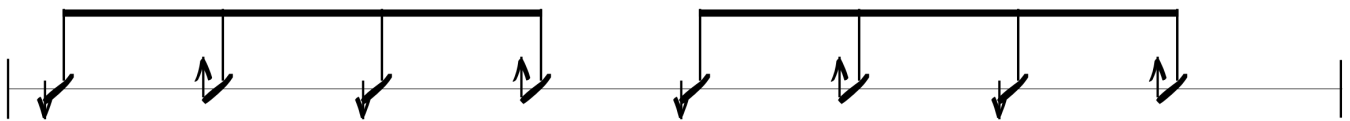
Low 1 High & High 2 High & Low 3 High & High 4 High &

G



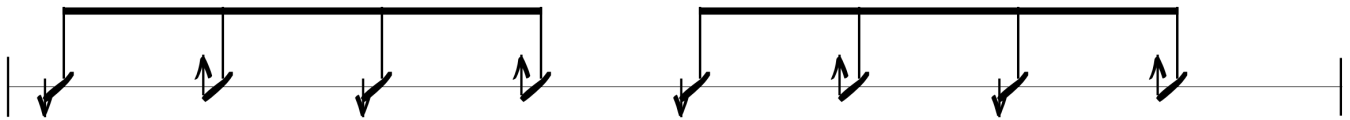
Low 1 High & High 2 High & Low 3 High & High 4 High &

C



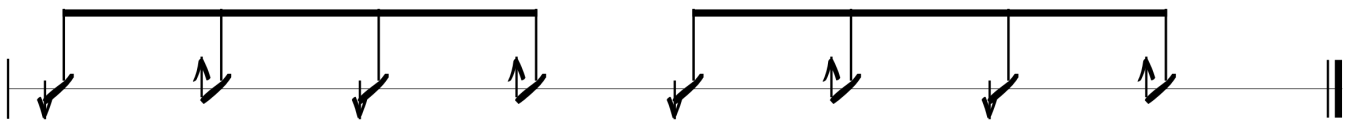
Low 1 High & High 2 High & Low 3 High & High 4 High &

D



Low 1 High & High 2 High & Low 3 High & High 4 High &

G

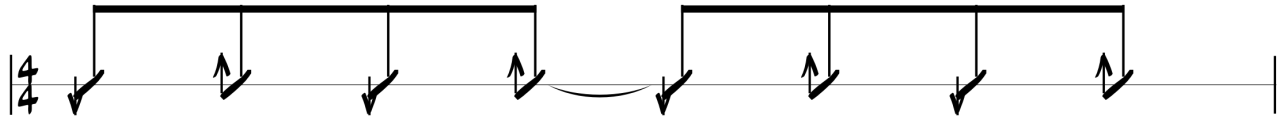


Bonus Exercise

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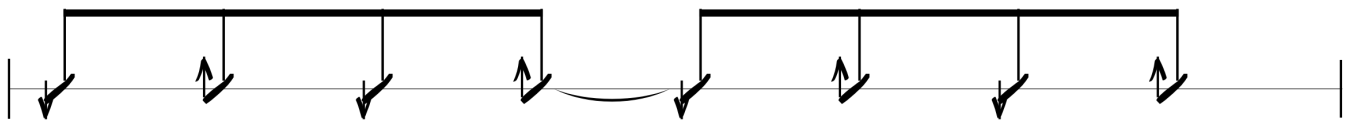
Low *High* *High* *High* *Skip* *High* *High* *High*
1 *&* *2* *&* *3* *&* *4* *&*

G



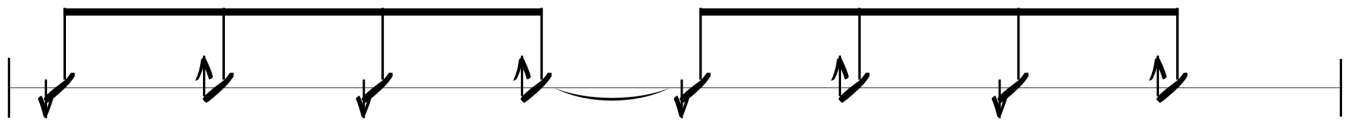
Low *High* *High* *High* *Skip* *High* *High* *High*
1 *&* *2* *&* *3* *&* *4* *&*

C



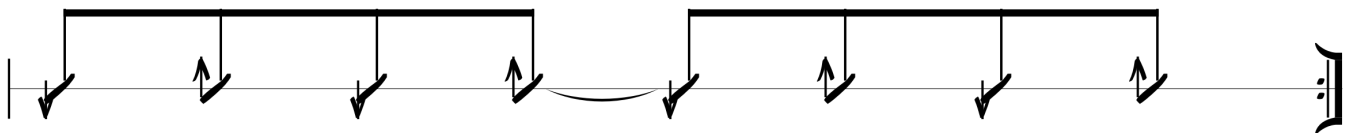
Low *High* *High* *High* *Skip* *High* *High* *High*
1 *&* *2* *&* *3* *&* *4* *&*

D



Low *High* *High* *High* *Skip* *High* *High* *High*
1 *&* *2* *&* *3* *&* *4* *&*

G



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